

Dear members and friends of Normandy Park United Church of Christ – here is your Friday Food for Thought for April 8th:

HOLY WEEK

- **Palm Sunday** Worship Service ~ April 10, 10:00 am both in-person and on Zoom
 - If you decide to worship from home, you can find a palm to color and use on our website: www.npucc.org. Go to Connect, then Sermons and Worship Resources in the drop-down menu.
 - If you decide to worship in-person, real palm fronds will be provided.
 - Youth will be excused from Worship after the Lord's Prayer and our teachers, Lynn and Cathy L., will lead them in a lesson about Rabbi Danya Ruttenberg.
- **Final Lenten Book Study** ~ April 13, 5:30 pm on Zoom only
 - Chapters 10, 11, 12 and the appendix of Love is the Way by Bishop Michael Curry will be discussed.
- **Maundy Thursday** ~ April 14, 5:30 pm in-person only
 - Communion will be offered.
 - Offerings of canned goods and monetary donations for the Des Moines Area Food Bank and Church World Service's CROP Walk will be accepted.
- **Good Friday** ~ April 15, 7:00 pm
 - Special Bibles & Brews on Zoom only.
 - Psalm 22 and Luke 22:14-23:56 will be discussed.
- **Holy Saturday** ~ April 16, 2:00-4:00 pm
 - Bring fresh flowers to decorate the cross in the church entryway.
- **Easter Sunday** Worship ~ April 17, 10:00 am both in-person and on Zoom
 - Wear your Easter bonnet if you like!
 - Youth will stay in Worship ~ no Sunday School.
 - Easter Egg Hunt on lawn following Worship.
 - Hot Cross Buns and Coffee/Tea in Fellowship Hall following Worship.

SHINE: LIVING IN GOD'S LIGHT

- Read or Luke 22:1–23: The Last Supper.
- What do you do to remember Jesus? Name someone you know who serves others instead of expecting to be served.
- Pray. Continue prayers of joy and sorrow. Take turns sharing something good that happened this week and something that made you sad. Bring your joys and sorrows to God in prayer.
- Eat matzo bread or crackers to remember the unleavened bread Jesus shared with his disciples at the Last Supper.

CWS CROP WALK

- On Sunday May 1 the NPUCC CROP Hunger Walk team will be walking in the 2022 Des Moines/Highline CROP Hunger Walk to support Church World Service and help families

who are struggling with hunger. A portion of donations will go to the Des Moines Area Food Bank. We are also walking in solidarity for those who are fleeing Ukraine. CWS has a 76-year history of working with displaced persons.

- This year we will again be starting at the Des Moines United Methodist Church and will walk through the streets of downtown and the marina.
- Join us in person, or spirit, so that we can provide more meals for the growing number of people in our community who need them, and greater food security in communities around the world.
- To join our team or to donate online, visit <https://events.crophungerwalk.org/2022/team/normandy-park-ucc>. You may also write a check to “CWS/CROP” and deliver/mail it to church. Our goal for our church is to raise \$5,000. As of 3-23-22 we have already raised \$1,075. Thanks for your support! If you have questions, please contact Alice or Lynn.

JOHN KNOX PRESBYTERIAN CHURCH EASTER EGG HUNT

- Saturday, April 16, 10:00 am.
- Kids up to 5th grade are invited to participate – rain or shine.
- Easter Bunny photo op, prizes, and candy – all free!

FINDING BEAUTY IN BIRDS THAT RARELY GET THE SPOTLIGHT

- Female birds are some of the more underappreciated and challenging birds to spot in the wild, lacking the showy plumage and attention-grabbing behaviors typically associated with males of the species.
- Enjoy this collection of the best shots that shine a long-overdue spotlight on fabulous female birds.
- [Browse the collection.](#)