

Dear members and friends of Normandy Park United Church of Christ – here is your Friday Food for Thought for October 21st:

ACTS ON STAGE ~ TIA NACHE

- "That Talk You Do" debut one woman show by Tia Nache at Acts on Stage, 10806 – 12th Ave SW.
- If you'd like to join Pastor Amy on Saturday, November 12th at 3:00 pm, tickets are available at www.Our.Show/TiaNache.
- Tickets are \$30 in advance or \$35 at the door.
- For more than twenty years, Seattle has been home to award-winning spoken word artist, Tia Nache. Moving from the shadows into the spotlight, Tia bounces from reflection to revelation and from heartfelt to hilarious! Tia is transcendent, non-rhetorical, and not to be missed in her debut homage to Seattle, Blackness, Womanhood and Faith.

ALL SAINTS SUNDAY ~ OCTOBER 30th

- Bring photographs of loved ones who have passed on for Sunday, October 30th that will be placed on a special ofrenda altar table in the style of Dia de los Muertos.
- In Mexican cultural tradition this time of year families celebrate their dead with photographs, flowers, and special foods. People gather at cemeteries and at their homes to remember their loved ones.
- If you need inspiration, a fun Disney movie to watch is "Coco".

BOOK DISCUSSION ~ THE THREE MOTHERS

- Our next book is The Three Mothers: How the Mothers of Martin Luther King, Jr., Malcolm X, and James Baldwin Shaped a Nation by Anna Malaika Tubbs.
- We are reading in October and then in November at 12:30 pm on Tuesdays the 1st, 8th, and maybe the 15th, Lynn and Cathy B. will co-facilitate the discussion.
- Discussion questions will be available to pick up in the church office on Sunday, October 30th.
- Let Lynn know if you'd like her to purchase you a book – new for \$13.43 or used-very good for \$8.57. Otherwise, there are 11 books, 4 eBooks, and 6 downloadable audio books at the King County library.

ENNEAGRAM – THE JOURNEY TOWARD WHOLENESS

- We'll be meeting in the Fireside Room next Wednesday October 26 at 1 pm.
- Our discussion of Triads from Suzanne Stabile's newest book The Journey Toward Wholeness will continue.
- Please come early to walk the labyrinth to settle your mind beforehand.

SHINE: LIVING IN GOD'S LIGHT

- Read Isaiah 65:17–25: *Promise of a New Jerusalem*.

- Which part of Isaiah’s prophecy is most important. What is your favorite line?
- Pray a “glad, sad, sorry” prayer before bed to reflect on what happened during the day. Write down one key word from each part of the prayer as a reminder.
- Draw one large picture together showing your family’s idea of a peaceful world.
- Coloring page from Illustrated Ministries – Luke 18: 9-14 Those who exalt themselves will be humbled, and those that humble themselves will be exalted – can be found on our website: www.npucc.org. Go to Connect, then Sermons and Worship Resources in the drop-down menu.

SUNDAY SCHOOL ON OCTOBER 23rd

- Join Lynn and Cathy L. in exploring “Contents under pressure”.
- The youth and teachers will be excused after the Lord’s Prayer.

REV. DR. VELDA LOVE UPCOMING SERMON

On Sunday, October 30th, Rev. Dr. Velda Love will be preaching at the United Churches of Olympia at 9:30 am. Rev. Dr. Love’s sermon title is “A Dangerous Sermon: The Cross and the Lynching Tree”. The scripture is Luke 4:14-31. The church service is open to all who are interested in hearing her. You’re welcome to attend in person or on zoom.

Zoom: <https://us02web.zoom.us/j/89506082613>

Meeting ID: 895 0608 2613

Call in number: +1 253 215 8782

Rev. Dr. Velda Love is the Minister for Racial Justice on the national staff of the United Church of Christ. Why are we having this Sacred Conversation? In her words, “Racial justice and racial equality need to be part of our national dialogue. As Christians in the United Church of Christ, we are responsible for changing the narrative of how we engage the Gospel of Jesus Christ that is inclusive, liberating and radical.”

If you have questions, please call the church office at 360-943-1210 or contact Marcia McLaughlin at marcia_mclaughlin@comcast.net or 206-228-4354.

SAVE THE DATE ~ HOSPITALITY HOUSE VOLUNTEER APPRECIATION LUNCH

- All Hospitality House volunteers are invited to a drive-through Appreciation Lunch on Saturday, November 5th, 11:30 am to 1:00 pm.
- Pick up your favorite homemade soup in the Hospitality House parking lot.
- Celebrate our 2022 Volunteer of the Year!
- RSVP by Friday, October 28th: sheenahr.hospitalityhouse@gmail.com.

VOICES TO HONOR INDIGENOUS PEOPLES

- From a young age, Sacheen Littlefeather knew racism through experience. Her mother was white and her father was of White Mountain Apache and Yaqui heritage. When she was born in Arizona in 1946, mixed-race couples were still illegal there. Raised by her white grandparents, it wasn't until she went to university that she says she met people

she could identify with. She began her activism there and continued pressing for equal rights and representation while pursuing a career in the arts.

- Her career was forever changed in 1973, when she used what would have been Marlon Brando's Oscar acceptance speech to call out the treatment of Native Americans and their depiction in Hollywood. [Hear Sacheen's story.](#)

LISTEN AND FEEL

- Listen to “Wade in the Waters” performed by Sweet Honey in the Rock (YouTube) <https://www.youtube.com/watch?v=RRpzEnq14Hs> [includes singing in sign language]

STORY CORPS – STORY OF THE WEEK “Jack Baker and Michael McConnell”

- Jack Baker and Michael McConnell married in 1971, decades before same-sex marriage was legalized in the United States.
- [Listen](#) to their story about fighting for the right to love.