

Dear members and friends of Normandy Park United Church of Christ – here is your Friday Food for Thought for July 8th:

BIBLES & BREWS

- Tonight at 7 pm on Zoom. An invitation was sent earlier today.

BLUE THEOLOGY AND COMMUNION SUNDAY

- On Sunday, July 10th, Worship will be offered both in person and on Zoom (a separate invitation will be sent).
- Communion will be celebrated. If worshipping from home, please have a piece of bread or cracker and beverage of your choice available.
- We'll also be learning about the Blue Theology Mission Trip and the BT crew will lead us in a water ritual they learned. If worshipping from home, please have a small bowl of water available.

DONA COSTELLO

- Sadly, Dona passed away on July 3rd. She would have been 97 this month!
- The family is planning a service for Wednesday, July 20th at Bonney-Watson Funeral Home, 16445 International Blvd, SeaTac.
- If you are interested in attending, please ask Kirsten for more details next Tuesday. The family is still finalizing the time.

STRENGTHEN THE CHURCH – UCC SPECIAL OFFERING

- If you missed the opportunity to donate to the *Strengthen the Church (STC) Offering*, it's not too late.
- This offering is one of our 5-for-5 UCC offerings which reflects the shared commitment of people across the United Church of Christ to cooperatively build up the UCC.
- Conferences and the national setting equally share the gifts given by members and friends through their local congregations.
- The funds raised support leadership development, new churches, youth ministry, and innovation in existing congregations.
- By your generosity to this offering, you build up the Body of Christ.
- You can write a check to NPUCC and designate "STC" in the memo line, give via the DONATE button on our website, or from your personal bank using its electronic billpayer or Zelle.

POP QUIZ

- How many hours a day do lions spend sleeping?



- No more than 8
 - About 12
 - Fewer than 16
 - More than 20
- Click [here](#) to find out if you're right.

FREEDOM RIDERS' 1947 CONVICTIONS VACATED IN NORTH CAROLINA

- Legendary civil rights leader Bayard Rustin and three other men who were sentenced to work on a chain gang in North Carolina after they launched the first of the “freedom rides” to challenge Jim Crow laws had their convictions posthumously vacated Friday, more than seven decades later.
- To read the full article, click [here](#).