

Dear members and friends of Normandy Park United Church of Christ – here is your Friday Food for Thought for July 22nd:

SUNDAY, JULY 24th WORSHIP SERVICE

- We welcome Rev. Andrew Larsen from Global Ministries as our guest preacher.
- The service will be on **ZOOM ONLY** (a separate invitation will be sent today).

COLORING PAGE

Coloring page from Illustrated Ministries – Luke 11: 1-4 – *Lord, Teach us to pray...* – can be found on our website: www.npucc.org. Go to Connect, then Sermons and Worship Resources in the drop-down menu.

POISON HEMLOCK

- Many agencies and local news stations are highlighting the prevalence of poison hemlock in the area.
- Here is a [link](#) from the U.S. Fish and Wildlife Service with 5 other look alike plants that you also want to avoid!

BABY BIRDS



- Did you know that it's not uncommon to see baby birds away from their nest this time of year? Make sure you don't accidentally kidnap the baby bird!
- When to help, and when not to, click [here](#).
- What to do when you find a baby bird injured or orphaned, click [here](#).