

Dear members and friends of Normandy Park United Church of Christ – here is your Friday Food for Thought for November 18th:

SUNDAY WORSHIP ON NOVEMBER 20th

- We welcome Rev. Dr. Cameron Sharp as our guest preacher.
- We welcome Brooke Richey as our guest musician.
- During Sunday School, our youth, Lynn, and Cathy L. will be exploring “Contents under pressure”. Youth are invited to go to Sunday School following the Intergenerational Moment.
- Our youth have made Christmas gift tags that they are selling to raise money to buy gifts for the kids and families at Mary’s Place in Burien. Buy them using cash, checks, or a variety of online payment options during coffee hour following Worship.
- You may also want to buy a \$25 gift card to be given to a family at Mary’s Place. A small Christmas tree with reminder tags will be in the Narthex as well.

CHURCH OFFICE THANKSGIVING HOLIDAY CLOSURE

- The church office will be closed on Thursday, November 24th for the Thanksgiving holiday and be open on Friday, November 25th.

CELEBRATING AUTHENTIC INDIGENOUS FOODS AT THANKSGIVING

- The simplistic story many of us learned about the first Thanksgiving has caused harm and erasure to the Wampanoag tribe as well as other indigenous people.
- In an effort to celebrate the more authentic story, try making one of the following recipes (click on link below): Smoked Fish and White Bean Dip, Wilted Wild Rice Salad, and/or Roasted Salmon.
- [3 recipes for honoring Native foods and true history this Thanksgiving | The Seattle Times](#)
- This is from a Seattle Times article by Bethany Jean Clement.

FIRST SUNDAY OF ADVENT ~ NOVEMBER 27th

- Following Worship on Sunday, November 27th, everyone is invited to come to Fellowship Hall for a second hour Advent Workshop. Participate in as many of the activities as you like:
 - Sugar cookie decorating
 - Collage luminaries (will be used on Christmas Eve)
 - Watercolor star ornaments (will be used on our Sanctuary Christmas tree)
 - Nativity collage ornaments
 - Globe/ribbon ornaments
- There will also be a table with Advent Devotionals, votive Advent candles, new church directories, and an Advent wreath activity.

SHINE: LIVING IN GOD'S LIGHT

- Read Daniel 3: Shadrach, Meshach, and Abednego.
- Share about a time it was hard to do the right thing.
- Pray color prayers of gratitude. Have one person name a color. Everyone else then names things of that color that they are thankful for, such as food items, animals, toys, or things in nature.
- Retell the story together using props you find around the house.
- Coloring page from Illustrated Ministries – Jeremiah 23: 1-6 I will raise up shepherds over them to shepherd them – can be found on our website: www.npucc.org. Go to Connect, then Worship Resources in the drop-down menu.

BIBLE & BREWS

- Today Friday, November 18th, we will meet up on Zoom at 7 pm to finish our studies from A Women's Lectionary for the Whole Church: Year W by Wilda C. Gafney.
- The lectionary is Psalm 71: 1-6, 2 Corinthians 1: 8-11, and Matthew 6: 9-13 (The Lord's Prayer).
- We will not meet for Bible & Brews in December and will start a new study in January 2023.

THE RIVER THAT MADE SEATTLE LECTURE BY B.J. CUMMINGS

- This coming Monday, November 21st, Magnolia UCC is honored to welcome renowned speaker and author B.J. Cummings to speak on "The River that Made Seattle: A Natural and Human History of the Duwamish". Once teeming with bountiful salmon and fertile plants, Seattle's Duwamish River drew both Native peoples and settlers to its shores over centuries for trading, transport and sustenance. Unfortunately, the very utility of the river was its undoing, as decades of dumping led to the river being declared a Superfund cleanup site.
- Our speaker for the evening founded the Duwamish River Cleanup Coalition and manages community engagement for the University of Washington's Superfund Research Program. Ms. Cummings was awarded the River Network's national River Hero award for her work leading community-based clean up and restoration of the Duwamish River. This learning forum is underwritten by a scholarship from the Humanities Washington Fund! Join us for this incredible learning opportunity!
- Advanced registration is required for this special event and you can register here: <https://us02web.zoom.us/meeting/register/tZytceCgrzovEtdnR30G4EMTUh8A70eb3NRB>

SHAKEALERT® EARTHQUAKE EARLY WARNING SYSTEM

- The MyShake™ app was developed by the UC Berkeley and is sponsored by the California Governor's Office of Emergency Services.

- It is available for free in the Apple iTunes and Google Play stores – more information is available by clicking [here](#).
- MyShake™ is currently operating in California, Oregon, and Washington.