

Dear members and friends of Normandy Park United Church of Christ – here is your Friday Food for Thought for March 18th:

• **SHINE: LIVING IN GOD’S LIGHT**

- Read Luke 14:15-24 – Who Will Come to the Banquet?
- Tell about a special or surprising invitation you received.
- Pray for people in our world who may feel left out or unwelcome.
- Weave a special placemat for your table using construction paper. Find instructions online https://www.youtube.com/watch?v=9_es5tryDaY. Take turns sitting at the honored place this week.
- Coloring page from Illustrated Ministries – Psalm 63:1-8 – *I will bless you... as long as I live...* can be found on our website: www.npucc.org. Go to Connect, then Sermons and Worship Resources in the drop-down menu.

• **BIBLE AND BREWS**

- Today, March 18th, we will meet up on Zoom at 7 pm.
- We will continue reading/discussing from A Women's Lectionary for the Whole Church: Year W by Wilda C. Gafne.
- Lectionary for the 3rd Sunday in Lent: Genesis 3:8-21, Psalm 96, Romans 8:31-39, Mark 13:14-22

• **SUNDAY SCHOOL USING CURRICULUM FROM THE HOLY TROUBLEMAKERS**

- Sunday School is starting up again this Sunday March 20th!
- Youth will be excused from our regular worship service after the Lord’s Prayer.
- Our teachers, Wenden and Lee, will be leading our children/youth in a lesson about Bayard Rustin (1912-1987), a Black gay man who spent his life working for justice.

• **WORK PARTY**

- Saturday, April 2nd, 9:00 am – 12:00 pm on the church grounds.
- Bring your own gloves and small tools.
- We’ll spruce up our grounds before Easter – thank you!

• **ONE GREAT HOUR OF SHARING**

- Collection will be taken on Sunday, March 27th.
- OGHS is one of four special mission offerings of the UCC and supports disaster, refugee, and development ministries.
- Thanks in advance for your generosity!

• **FOOD INSECURITY IN OUR COMMUNITIES**

- Presentation on food insecurity hosted by Magnolia UCC.
- Speaker is Jen Muza, Executive Director of the Ballard Food Bank.

- Monday, March 21st, 7:00 pm on Zoom:
 - <https://us02web.zoom.us/j/89192836333?pwd=MXVFMGVsd1RUSFkxR1Q5REI4M1ITQT09>
 - Meeting ID: 891 9283 6333
 - Passcode: 931520
- We'll learn how prevalent is it, what are the causes, what are the solutions, and what can we do to help end hunger in our communities.
- All are welcome – feel free to share the link!

- **BOYCOTT COMPANIES THAT ARE FUNDING PUTIN'S WAR**

- Many companies have stopped operating in Russia in response to Putin's war of aggression in Ukraine.
- Ukrainian President Zelenskyy appealed to Americans and the U.S. Congress this week: "All American companies must leave Russia. ... Leave their market immediately, because it is flooded with our blood. ... Peace is more important than income."
- As of Wednesday afternoon, there are still 33 American companies operating in Russia. There are others that have only partially reduced operations (marked with * below). Consider boycotting these companies (and let them know why) as a way to stop funding the Russian war machine:
 - Koch Industries: Brawny paper towels, Dixie cups, Quilted Northern toilet paper, Vanity Fair napkins
 - Georgia-Pacific lumber
 - Reebok
 - Authentic Brands Group: Aeropostale, Eddie Bauer, Brooks Brothers, Nine West
 - Focus Brands: Cinnabon, Carvel ice cream, Schlotzky's, Auntie Anne's pretzels
 - Subway
 - Papa John's pizza
 - Truvia
 - Diamond Crystal salt
 - Avon cosmetics
 - LG appliances
 - ASUS laptops
 - Mission tortillas
 - Pirelli tires
 - Halliburton
 - Baker Hughes
 - Schlumberger
 - BBDO advertising firm
 - DDB advertising firm
 - Omnicom advertising firm

- Baker Tilly accounting
- *Dunkin Donuts
- *General Mills
- *Mondelez: Oreos and other Nabisco products
- *Mars candymaker
- *Procter & Gamble
- *Yum Brands: Pizza Hut, Taco Bell
- *Hilton hotels
- *Hyatt hotels
- *Marriott hotels
- Go to som.yale.edu to see the most current list. Jeffrey Sonnenfeld of Yale's Chief Executive Leadership Institute is compiling and updating the list as information becomes available.

- **SNOQUALMIE TRIBE ANCESTRAL LANDS MOVEMENT**

- Did you know there is a collection of 92 recordings from Snoqualmie Tribe Ancestral Lands?
- A great way to connect to the landscape in a digital way during your lunch break or any time!
- Check it out here: <https://soundcloud.com/user-364628886>