

Dear members and friends of Normandy Park United Church of Christ – here is your Friday Food for Thought for August 5th:

SUNDAY, AUGUST 7

- Worship will be offered both in-person and on Zoom (a separate Zoom invitation will be sent today) at 10 am.
- Please note, we'll be celebrating Communion, so if you are worshipping from home, please have a cracker/piece of bread and beverage of your choice available.
- We apologize for the technical difficulties last week. The problem has been resolved. Thanks for your patience!

COLORING PAGE from Illustrated Ministries – Luke 12: 32-34 – *Where your treasure is, there your heart will be also* – can be found on our website: www.npucc.org. Go to Connect, then Sermons and Worship Resources in the drop-down menu.

BIBLE AND BREWS

- Today, August 5, we will meet up on Zoom at 7 pm to study from [A Women's Lectionary for the Whole Church: Year W](#) by Wilda C. Gafney.
- If you didn't receive a Zoom invitation yesterday, please call Kirsten at 206-824-1770 before 2 pm today to get one.
- The lectionary is 1 Samuel 4:2, 5-11, 19-22. You are encouraged to read through chapter 7 from your personal Bible to continue the story.

BOOK STUDY – DEAR WHITE PEACEKEEPERS BY OSHETA MOORE

- We will meet in person next Tuesday, August 9 at 12:30 pm outside on the patio, if the weather is nice, otherwise in the Fireside Room.
- We will start with “tomatoes in the gumbo” and then move on to sections 2 & 3.
- Even if you missed our first discussion, please feel free to join in.

FAITH COMMUNITIES AND CLIMATE RESILIENCE SUMMIT

- Who: Creation Justice Ministries
- When: Thursday, August 18, 2-5 pm PST
- Theme: From Resilience to Restoration
- Why: The impact of climate change on our communities is no longer in doubt. We all feel these impacts in one way or another, be they from heat waves, wildfires, or floods. Often, our faith buoys us through these difficult times by providing food, shelter, or hope for a better tomorrow. But moving beyond reaction, how can faith communities be hubs of resilience, helping our neighbors weather the physical, social, and spiritual storms of the climate crisis? How do we plan and build a world in which the most vulnerable are not simply protected from these climate impacts, but empowered to thrive? Join us for an evening of discussion and workshops on building climate resilience

and restoring our communities to places of safety, justice, and prosperity. Learn how faith communities, academics, and government officials from across the U.S. are finding novel, creative solutions to climate challenges.

- Where: Online [Register Here](#)

CAN A BIRD GET SOME SPACE?

- Visiting the beach is great, but people aren't the only ones who enjoy it. Vulnerable shorebird species like Piping Plovers and American Oystercatchers nest and raise their chicks right on the beach. But on crowded days, beachgoers or unleashed dogs can get too close to nesting shorebirds, exposing chicks and eggs to being crushed underfoot, overheating in the sun, or succumbing to predators.
- All nesting birds need is a little bit of space. You can help protect shorebirds this summer by remaining in approved public beach areas and inspiring others to do the same.

MARMOTS

- Did you know marmots are the weightiest among squirrels, with a body weight ranging from 4.4-24.2 lb (2-11 kg)?
- They have short but strong legs that are ideal for digging burrows and thick fur that come in various shades (mostly gray, some brown, also red-yellow).
- Marmots live for the weekend. (Don't we all.)
- Despite their love for burrows, and not knowing what a weekend is, marmots are friendly yet social creatures.
- They can live happily on their own (in and out of burrows), or in harmony with other marmots.

